



# ECA / ASA PROGRAMME 2025-2026: TERM 1

# ENRICHMENT FOR ALL

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*We believe that students of every ability level should be given opportunities to stretch their learning as far as they can take it. Our enrichment program is designed to encourage divergent and critical thinking that will reach beyond the classroom and span different subject areas. We hope that you will be sharing our enthusiasm for these activities with your child throughout the school year!*

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# ELITE SPORTS FOOTBALL



**ELITESPORTS®**

AT ELITE SPORTS ACADEMY, WE ARE PASSIONATE ABOUT NURTURING YOUNG TALENT AND PROVIDING WORLD-CLASS TRAINING IN A WIDE RANGE OF ACTIVITIES. OUR PROGRAMS ARE DESIGNED TO INSPIRE, DEVELOP, AND EMPOWER CHILDREN AND YOUNG ADULTS THROUGH SPORT, PROMOTING BOTH PERSONAL GROWTH AND ATHLETIC EXCELLENCE.

FOOTBALL PROGRAM – ELITE SPORTS FOOTBALL ACADEMY IGNITES THE PASSION FOR THE BEAUTIFUL GAME AND SHAPES THE LEGENDS OF TOMORROW. AS THE LEADING FOOTBALL ACADEMY IN DUBAI, WE OFFER A DYNAMIC DEVELOPMENT PROGRAMME FOR PLAYERS OF ALL AGES AND ABILITIES. OUR COACHING SESSIONS TAKE A HOLISTIC APPROACH, FOCUSING ON SKILL DEVELOPMENT, TEAMWORK, AND ENJOYMENT. WE CREATE AN ENVIRONMENT WHERE PLAYERS NOT ONLY IMPROVE BUT ALSO DISCOVER THEIR POTENTIAL THROUGH FUN, STRUCTURED TRAINING, ALL AVAILABLE AT JUMEIRA BACCALAUREATE SCHOOL.

WITH BOTH ACADEMY SESSIONS, AND FOOTBALL SQUADS AVAILABLE, FOR CHILDREN AGED 3 – 16 YEARS OF AGE, WE ARE SURE TO HAVE THE PERFECT SESSION AVAILABLE TO SUIT YOUR FOOTBALLING STARS AT JBS'S STATE OF THE ART FACILITY.

HOLIDAY CAMPS – ELITE SPORTS' MULTI SPORTS CAMPS ARE DESIGNED TO PROVIDE A FUN AND IMMERSIVE ENVIRONMENT WHERE YOUNGSTERS FROM 4 – 14 YEARS OF AGE CAN EXPERIENCE VARIOUS GAMES, FOSTER NEW SKILLS, MAKE FRIENDS, AND A LIFELONG MEMORIES. WITH MANY SPORTS AND ENERGETIC EXERCISES, OUR SPORTS CAMP IN DUBAI OFFERS THE IDEAL MIX OF LEARNING, DEVELOPMENT AND FUN. EACH DAY INCORPORATES A DIFFERENT THEME, TEAMWORK, COMPETITIONS, ACTION SPORTS, ADVENTURE DAY, AMERICAN SPORTS, POINTS, AND GOALS & OLYMPICS. EACH DAY THE CHILDREN WILL TAKE PART IN 6 DIFFERENT SPORTS/ACTIVITIES WITH OUR HIGHLY QUALIFIED AND EXPERIENCED COACHES, ALL AVAILABLE AT JUMEIRA BACCALAUREATE SCHOOL



<https://elitesports.ae/>

04 554 5916

| Activity | Program | Age Groups              | Day                | Time          |
|----------|---------|-------------------------|--------------------|---------------|
| Football | Academy | 4 - 7 Years             | Monday             | 5.30 - 6.30pm |
| Football | Academy | 8 - 14 Years            | Monday             | 6.30 - 7.30pm |
| Football | Academy | 4 - 7 Years             | Wednesday          | 5.30 - 6.30pm |
| Football | Academy | 8 - 14 Years            | Wednesday          | 6.30 - 7.30pm |
| Football | Academy | 4 - 6 Years             | Sunday             | 4.00 - 5.00pm |
| Football | Academy | 7 - 9 Years             | Sunday             | 5.00 - 6.00pm |
| Football | Academy | 10 - 14 Years           | Sunday             | 6.00 - 7.00pm |
| Football | Squads  | U8 Squad (Invite Only)  | Tuesday & Thursday | 5.00 - 6.00pm |
| Football | Squads  | U9 Squad (Invite Only)  | Tuesday & Thursday | 5.00 - 6.00pm |
| Football | Squads  | U10 Squad (Invite Only) | Tuesday & Thursday | 6.00 - 7.00pm |
| Football | Squads  | U12 Squad (Invite Only) | Tuesday & Thursday | 6.00 - 7.00pm |
| Football | Squads  | U14 Squad (Invite Only) | Tuesday & Thursday | 7.00 - 8.00pm |
| Football | Squads  | U15 Squad (Invite Only) | Tuesday & Thursday | 7.00 - 8.00pm |



**ELITESPORTS**  
FOOTBALL ACADEMY



# REGISTER NOW

**FOR THE 2025 / 2026 SEASON**



[www.elitesports.ae](http://www.elitesports.ae) | 04 554 5916

NURTURE. DEVELOP. GROW.



# STAR

# BASKETBALL ACADEMY



Basketball Training Program with Professional  
Basketball Coaches

| DAYS            | TIMES    | AGE RANGE       |
|-----------------|----------|-----------------|
| Monday - Sunday | 5pm -8pm | PreK - GRADE 12 |



[www.starbasketballacademy.com](http://www.starbasketballacademy.com)

**PHONE : +971504884513**

# FLIP GYMNASTICS

# GYMNASTICS

WELCOME TO FLIP GYMNASTICS DUBAI, WHERE PASSION MEETS PURPOSE IN EVERY FLIP! WITH A RICH LEGACY OF THREE YEARS IN DUBAI, WE TAKE PRIDE IN OUR JOURNEY OF NURTURING YOUNG TALENTS AND BUILDING A COMMUNITY THAT EMBODIES HEALTH, STRENGTH, AND AGILITY.

CONTACT DIRECTLY FOR FULL DETAILS



| DAYS            | TIMES           | AGE RANGE       |
|-----------------|-----------------|-----------------|
| Monday - Sunday | 4:30pm - 7:30pm | PreK - GRADE 12 |

<https://flipgymnasticclub.com>

[PHONE : +971 56 754 6595](tel:+971567546595)

## BRITISH OVERSEAS DRAMATIC ARTS

A FUN WAY FOR CHILDREN TO DEVELOP THEIR CONFIDENCE AND COMMUNICATION SKILLS. STUDENTS LEARN HOW TO EXPRESS THEMSELVES CREATIVELY. OUR TEACHING TECHNIQUES INCLUDE A VARIETY OF DRAMA GAMES, IMPROVISATION AND STORY BUILDING SESSIONS. CHILDREN SHARE THEIR IMAGINATION TO CREATE MEMORABLE CHARACTERS AND STORIES.

DRAMA IS A VALUABLE TOOL FOR CHILDREN TO HARNESS THEIR NATURAL CREATIVITY AS THEY EMBARK ON THEIR JOURNEY THROUGH THE EARLY YEARS OF EDUCATION. BODA CLASSES FOCUS ON DEVELOPING VOCABULARY, IMAGINATION, LISTENING SKILLS AND SOCIAL SKILLS AS WELL AS HAVING FUN. WE OFFER TO OUR BODA YOUNG PERFORMERS PREPARATION FOR THE TRINITY GUILDHALL YOUNG PERFORMERS CERTIFICATE.

STAGE MUSICAL THEATRE

SERVES AS AN INTRODUCTION TO THE ESSENTIALS OF MUSICAL THEATRE. CHILDREN EXPLORE THE THREE DISCIPLINES OF MUSICAL THEATRE IN ONE FUN PACKED CLASS! PARTICIPANTS TRAIN TO PERFORM WELL KNOWN MUSICAL THEATRE SCENES AND WILL BE CHALLENGED TO PERFORM BOTH ENSEMBLE AND SOLO PIECES AND WILL LEARN TO RECEIVE CRITIQUE AND WILL TAILOR THEIR PERFORMANCES IN RESPONSE TO BOTH TEACHER AND FELLOW CLASS PARTICIPANTS. THE TEACHING STAFF IDENTIFY MUSICAL PIECES WHICH ARE POPULAR AND CURRENT TO THE YOUNG STUDENTS AND USE THESE AS A VEHICLE FOR IMPROVING SINGING, MOVEMENT AND ACTING SKILLS. AS ALWAYS IN A BODA COURSE WHILST THE EMPHASIS REMAINS UPON 'FUN LEARNING' THE COURSE WILL CULMINATE IN THE OPPORTUNITY TO PERFORM TO AN INVITED AUDIENCE AND ATTAIN ACCREDITED LAMDA OR TRINITY COLLEGE LONDON QUALIFICATION THROUGH EXAMINATION ENTRY.

**DEVELOPS:** CONFIDENCE, SOCIAL SKILLS, CREATIVITY



050 229 8642

[info@boda.ae](mailto:info@boda.ae)

| DAYS               | TIMES           | AGE RANGE     |
|--------------------|-----------------|---------------|
| Monday & Wednesday | 2.10pm - 3.00pm | PreK - G1     |
| Monday & Wednesday | 3.10pm - 4.00pm | KG2 - GRADE 5 |

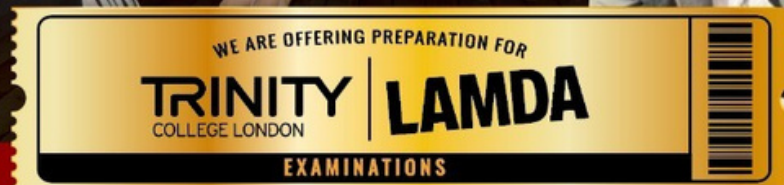
# BODA

British Overseas Dramatic Arts



**JUMEIRA  
BACCALAUREATE  
School**

**DRAMA  
MUSICAL THEATRE  
COMMUNICATION SKILLS**



Please call or email to reserve your chosen class.

☎ +971 50 229 8642

✉ info@boda.ae

☎ +971 50 229 8607

🌐 www.boda.ae

# SWIMMING

## MY SPORTS ACADEMY

MY SWIM CLUB COVERS THE COMPLETE AQUATIC PERFORMANCE SPECTRUM, TAKING SWIMMERS FROM DIPPING THEIR FIRST TOE IN THE WATER, THROUGH TO ELITE COMPETITIVE SWIMMING AND PERFORMANCE-BASED TRAINING. SAFETY IS OF PARAMOUNT IMPORTANCE AND OUR SYLLABUSES ARE CONDUCTED IN AN ENJOYABLE AND CARING ENVIRONMENT CENTERED ON LEARNING THROUGH FUN. OUR STAR SYSTEM TAKES SWIMMERS FROM BASIC WATER SAFETY, CONFIDENCE AND INDEPENDENCE IN THE POOL, TO ALL FOUR STROKES AND COMPETITIVE SWIMMING. OUR LEARN TO SWIM WEEKEND PROGRAM IS ALSO AVAILABLE ON FRIDAYS.

DEVELOPS: AEROBIC CAPACITY, BODY STRENGTH, FLEXIBILITY.



| DAYS                                 | TIMES          | AGE RANGE        |
|--------------------------------------|----------------|------------------|
| Monday, Tuesday, Wednesday, Thursday | 3pm onwards    | Pre K - Grade 12 |
| Friday                               | 12.15 - 2.15pm | Pre K - Grade 12 |
| Saturday                             | 12.15 - 2.15pm | Pre K - Grade 12 |

# TENNIS

# CF TENNIS ACADEMY

AT CF TENNIS ACADEMY WE BELIEVE THE AFTER- SCHOOL TENNIS PROGRAM IS A GREAT INTRODUCTION TO TENNIS AS WELL AS A BENEFICIAL ADDITION TO ANY CHILDREN WHO HAVE ALREADY STARTED PLAYING. LESSONS ARE FOCUSED ON TEACHING STUDENTS THE FUNDAMENTALS OF THE SPORT SO CHILDREN LEARN THE CORRECT TECHNIQUE FROM THEIR VERY FIRST TIME HOLDING A RACQUET.

**DEVELOPS:** AEROBIC CAPACITY, METABOLIC FUNCTION, STRENGTH.



| DAYS               | TIMES           | AGE RANGE  |
|--------------------|-----------------|------------|
| Tuesday & Thursday | 3.10pm - 4.10pm | G6 - G12   |
| Monday & Wednesday | 3.10pm - 4.10pm | KG2 - G5   |
| Monday & Wednesday | 2.10pm - 3pm    | PreK - KG1 |

SESSIONS WILL START FROM 7 OCTOBER

# PADEL

## CF PADEL ACADEMY

WANT TO LEARN THE FASTEST GROWING SPORT IN THE UAE?  
THIS IS A GREAT PLACE TO START. OUR TEAM OF  
PROFESSIONALLY QUALIFIED PADEL COACHES WILL TEACH ALL  
THE FUNDAMENTALS OF THIS FUN, SOCIAL AND EXCITING  
SPORT! LIKE TENNIS, MORE ADVANCED SESSIONS ARE ON  
OFFER WITH EACH LESSON BUILDING CONFIDENCE, FOCUS,  
DETERMINATION AND CONSISTENCY USING COORDINATION  
EXERCISES, VARIOUS TEACHING AIDS AND FUN GAMES IN A  
NURTURING AND SAFE ENVIRONMENT. SESSIONS FOR MORE  
ENHANCED PLAYERS ARE ALSO OFFERED. EACH LESSON BUILDS  
CONFIDENCE, FOCUS, DETERMINATION AND CONSISTENCY  
USING COORDINATION EXERCISES, VARIOUS TEACHING AIDS  
AND FUN GAMES IN A NURTURING AND SAFE ENVIRONMENT.

**DEVELOPS:** TEAMWORK AND GAMES, SCORING  
STRATEGY, MATCH PLAY.



SESSIONS WILL START FROM 7 OCTOBER

| DAYS               | TIMES           | AGE RANGE  |
|--------------------|-----------------|------------|
| Tuesday & Thursday | 2.10pm - 3.00pm | PreK - KG1 |
| Monday & Wednesday | 3.10pm - 4.10pm | KG2 - G5   |

# VOCALIZE

## DEBATING SKILLS

VOCALIZE OFFERS COMPETITIVE DEBATE SKILLS TRAINING TO STUDENTS IN THE AGE GROUP OF 10 TO 16, WE HAVE CURATED A FUN & ENGAGING PROGRAM THAT CHALLENGES YOUNG MINDS THROUGH DEBATES AND DRILLS THAT HONE KEY SOFT SKILLS SUCH AS PUBLIC SPEAKING, CRITICAL AND ANALYTICAL THINKING, QUICK THINKING, COLLABORATION.

DEBATERS HAVE THE OPPORTUNITY TO PARTICIPATE IN VARIOUS LOCAL & GLOBAL TOURNAMENTS AS WELL AS TRY OUT FOR THE NATIONAL TEAM, WE HAVE BEEN APPOINTED AS MANAGEMENT FOR THE NATIONAL DEBATE TEAM OF UAE.

**DEVELOPS:** CONFIDENCE, CRITICAL THINKING, ORGANISATION.



| DAYS                     | TIMES     | AGE RANGE           |
|--------------------------|-----------|---------------------|
| Monday, Friday, Saturday | 4pm - 8pm | 10 years - 16 years |

# KARATE

## FIGHTING ARTS

KARATE IS A TRADITIONAL JAPANESE MARTIAL ART SYSTEM OF OFFENSIVE AND DEFENSIVE TECHNIQUES UTILIZING VARIOUS PARTS OF THE BODY AS WEAPONS AND SHIELDS.

**DEVELOPS:** SELF-DEFENCE, FITNESS, GOAL SETTING.



| DAYS      | TIMES           | AGE RANGE     |
|-----------|-----------------|---------------|
| Wednesday | 2.10pm -2.50pm  | Prek - KG1    |
| Wednesday | 3.10pm - 4.00pm | KG2 - Grade 6 |



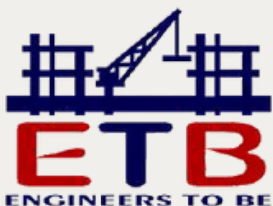
# ENGINEERING, CODING, ROBOTICS & SCIENCE

A TEAM OF ACTUAL ENGINEERS FROM DIFFERENT FIELDS WILL WORK WITH CHILDREN, INTRODUCING THEM THE ENGINEERING WORLD THROUGH ENGINEERING WORKSHOPS, CHEMICAL ENGINEERING, PLUS CODING AND ROBOTICS. ALL ENGINEERS HAS AT LEAST A BACHELOR'S DEGREE IN ENGINEERING, FIRST AID TRAINING AND CHILD SAFETY LEVEL 2 TRAINING.

**DEVELOPS:** PROBLEM SOLVING, CRITICAL THINKING, UNDERSTANDING PROBLEMS.



| DAYS                                                | TIMES         | AGE RANGE     |
|-----------------------------------------------------|---------------|---------------|
| Various / Engineering Workshops / Coding & Robotics | 3.10 - 4.00pm | KG2 - Grade 5 |



+971 509451937

info@etb-club.com

# DESIGN ARTS AND CRAFTS

## LITTLE MASTERPIECES

LITTLE MASTERPIECES VIEWS ART FROM THE ANGLE OF THE GREAT MASTERS, SUCH AS VAN GOGH, MATISSE, DA VINCI, PICASSO ETC. THE CHILDREN LEARN ABOUT THE HISTORY OF ART AS WELL AS RECREATING THE TECHNIQUES INSPIRED BY FAMOUS ARTISTS. FROM LEARNING TO DRAW IN PENCIL, CHARCOAL, PASTEL, PEN & INK, TO ACRYLIC PAINTING ON CANVAS AND CREATING GREAT SCULPTURE USING PLASTER/WOOD. WE COVER IT ALL IN OUR STEP-BY-STEP PROGRAMME. NEW MASTERPIECES EACH TERM, THEREFORE CREATING A PORTFOLIO OF WORK TO BE PROUD OF.

**DEVELOPS:** PAINTING TECHNIQUES, SKETCHING SKILLS, SCULPTURE TECHNIQUES.



| DAYS   | TIMES         | AGE RANGE         |
|--------|---------------|-------------------|
| Monday | 3.10 - 4.00pm | Grade 2 - Grade 5 |

*Little Masterpieces* 

# FALCONRY

## INTRODUCTION TO FALCONRY

IN THE “WILD FLIGHT MIDDLE EAST: INTRODUCTION TO FALCONRY” EXTRA-CURRICULAR ACTIVITY (ECA), PARTICIPANTS DELVE DEEP INTO THE RICH HISTORY OF FALCONRY—A TIME-HONORED TRADITION DATING BACK THOUSANDS OF YEARS. THIS PROGRAM NOT ONLY HIGHLIGHTS THE UNIQUE AND CAPTIVATING CHARACTERISTICS OF BIRDS OF PREY BUT ALSO EQUIPS LEARNERS WITH THE ESSENTIAL KNOWLEDGE AND SKILLS TO HANDLE AND CARE FOR THESE MAGNIFICENT BIRDS RESPONSIBLY AND SAFELY. CLASSES ARE AVAILABLE TO GRADE 3-5 AND GRADE 6-10.

**DEVELOPS:** RESPONSIBILITY, PATIENCE, APPRECIATION FOR NATURE



| DAYS   | TIMES     | AGE RANGE   |
|--------|-----------|-------------|
| Monday | 3pm - 4pm | Ages 5 - 18 |



+971 56 424 1116  
<http://www.wildflight.ae>  
[info@wildflight.ae](mailto:info@wildflight.ae)

# Attention Future Falconers!

Wild Flights Falconry ECA is back, and we want you to join us!



Each week, you'll meet our majestic birds of prey, learn how to handle, train, and care for them safely, and dive into the rich history of Falconry, an ancient art.



For more information on how to sign up, scan the QR codes and reach out!

Contact us  
[info@wildflight.ae](mailto:info@wildflight.ae) or phone 0564241116



# HORSE RIDING & STABLE MANAGEMENT

AT SUSTAINABLE CITY EQUESTRIAN CLUB WE PRIDE OURSELVES ON A HIGH STANDARD OF INSTRUCTION. WE EXPLAIN THE BASIC PRINCIPLES OF HORSEMANSHIP TO BEGINNERS AND TRAIN ADVANCED RIDERS IN ALL AREAS OF EQUESTRIANISM WHILE KEEPING THE EMPHASIS ON SAFETY AND FUN FOR OUR STUDENTS.

OFFERED MONDAY THROUGH TO SUNDAY, OUR STRUCTURED LESSON SYSTEM MAKES IT EASY TO PROGRESS SMOOTHLY FROM BEGINNER TO MORE ADVANCED LEVELS, AND OUR INSTRUCTORS ARE BRITISH HORSE SOCIETY QUALIFIED AND SUITABLY EXPERIENCED IN THEIR FIELD. ACTIVITIES ARE ALSO AVAILABLE ON SATURDAY AND SUNDAY.

**DEVELOPS:** COORDINATION, BALANCE, FINE MOTOR SKILLS.



| DAYS                              | TIMES   | AGE RANGE   |
|-----------------------------------|---------|-------------|
| All Week (Packages are available) | various | Ages 5 - 18 |

BASIC PACKAGE ( 10 X 30 MINUTE RIDING LESSONS, HAT HIRE, REGISTRATION FEE & VAT INCLUDED) DH1995.  
PREMIUM PACKAGE ( 10 X 30 MINUTE RIDING TUITION & 30 MINUTE STABLE MANAGEMENT TUITION, HAT HIRE, REGISTRATION FEE WAIVERED & VAT INCLUDED) TO DH2,100.



SUSTAINABLE CITY  
EQUESTRIAN CLUB



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[www.sustainablecityequestrianclub.com](http://www.sustainablecityequestrianclub.com)

dianna.thornborrow@outlook.com



SUSTAINABLE CITY  
EQUESTRIAN CLUB

esm

APPROVED  
PROVIDER



## OUR PACKAGES, PRICES & TIMINGS

### 10 WEEK PACKAGE OF 30 MINUTES RIDING TUITION & 30 MINUTES STABLE MANAGEMENT

SUITABLE FOR  
BEGINNER  
THROUGH TO  
INTERMEDIATE  
RIDERS

#### PACKAGES & PRICES

| PACKAGE                                                                        | INCLUDES                                                               | PRICE <small>Per Package<br/>Inclusive of Vat</small> |
|--------------------------------------------------------------------------------|------------------------------------------------------------------------|-------------------------------------------------------|
| Premium Package                                                                | 10 – One Hour Lessons<br>30 mins Riding & 30 mins<br>Stable Management | AED 2,100                                             |
| Basic Package<br>For riders who have<br>already completed a<br>premium package | 10 – 30 mins<br>Riding Lessons                                         | AED 1,995                                             |

#### TIMINGS

|                      |                     |                     |
|----------------------|---------------------|---------------------|
| Sat & Sun            | 08:45 AM – 09:45 AM | 10:00 AM – 11:00 AM |
| Mon, Tue, Wed, Thurs | 03:50 PM – 04:50 PM | 04:30 PM – 05:30 PM |
| Fri                  | 03:00 PM – 04:00 PM | 03:45 PM – 4:45 PM  |

FOR ALL BOOKINGS CONTACT:

Dianna Thornborrow



04 557 6611



050 658 1693



050 358 6290



dianna.thornborrow@outlook.com



@SustainableCityEquestrianClub

# LE CARTEL

## HIP HOP & DANCE

PREMIUM HIP-HOP DANCE LED BY AN EXPERIENCED TEACHER AND NIKE-SPONSORED DANCER, THIS PROGRAM OFFERS MORE THAN JUST AN AFTER-SCHOOL ACTIVITY. EACH CLASS COMBINES DISCIPLINE, CREATIVITY, AND STYLE TO INSPIRE CONFIDENCE AND EXCELLENCE. WITH TAILORED SESSIONS BY AGE AND LEVEL, STUDENTS WILL EXPERIENCE PROFESSIONAL-QUALITY DANCE TRAINING, WHILE ENJOYING THE ENERGY AND CULTURE OF AUTHENTIC HIP-HOP.

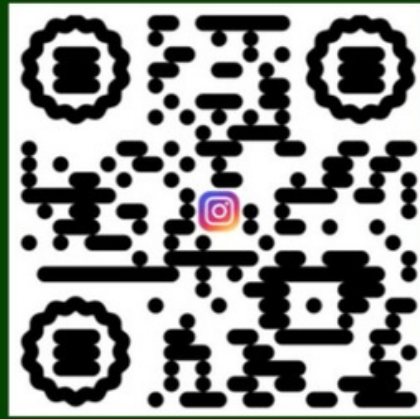
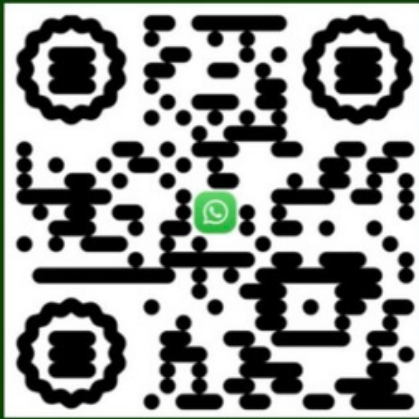


| DAYS   | TIMES     | AGE RANGE |
|--------|-----------|-----------|
| Monday | 3pm - 4pm | KG2 - G2  |

**Le Cartel**  
CLUB

“Through Movement, rhythm becomes character and style inspires confidence”

An exclusive Dance Program by Le Cartel – designed to inspire students both mentally and physically through expert teaching and a refined pedagogical approach. Each class blends discipline, style and creativity, empowering students to grow with excellence. More than just an after-school activity, this is a premium dance education – a unique opportunity for young learners to develop their talent, express their individuality and achieve their full potential.



*Jumeirah Bacalaureate School*

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*@lecartelclub.dxb*

*info@lecartelclub.com*

*Registration required - limited spots*